

# Instructions:

King Edward 100 6th May 2018

## Timing Chips

Please stick the timing chip to the side of your helmet, they have a sticky back to peel off. Please make sure you do not have any chips from other events on your person or bike before starting.

## Rider Number



Please attach the Rider Number to the front of your bike with the included twist ties. Please make sure it is visible and not wrapped around your stem.



## Starting

Can we ask that the starting order is respected as it will help the ride run more smoothly. Starting order will be:

- Hand-Cycles
- TT Bike Start (Groups of 4)
- 100 Mile Riders
- 100km Riders

## Ride Etiquette

This is a social ride, not a race. You are responsible to follow the highway code and ride in courteous manner in regard to other road users. When approaching horse riders, please pay extra attention and shout from a good distance that you are approaching if they cannot see you. If another rider is having a problem please check they are ok and phone in to event HQ if you need assistance.

## Navigation

The routes are fully signed, the main route in yellow and the 100k split in orange. As much as we check the route signs can get tampered with, if you feel this is the case please contact Event Control asap. If you are unsure, please check the route map.

## Route Choice

You have indicated which route you intend to do but please feel free to change. If you do change routes it is your responsibility to let us know at the finish line.

The long and medium route splits at the 50.3 Mile mark, clearly signed at Ewerby Thorpe.

**The option to do the long route will be closed at 11.45am**

## Event Control

In the event of an incident or if you are requiring any support, please phone:

**07834 238431**

If it is an emergency please phone 999 in the first instance, then phone Event Control

## Ride Support

Whilst out on the ride rest assured, we have mechanical support, ride marshals (on bikes), paramedics on motorbikes and broom wagons should you need collecting. Mechanics will be available at both feed stations and mobile support. Please call Event Control if you are in need of assistance, in an emergency situation, please call the emergency services first, then Event Control.

## Feed Stations

There are no 'on course' feed stops on the short route but hot food will be provided at the finish line

Tea & Biscuit Stop  
22.6 Miles - Ancaster (Long/Medium)

Feed Station 1  
40 Miles Billingborough (Long/Medium)

Feed 2  
75.6 Miles Bardney (100 Mile Route only)

## Merchandise

Please collect any merchandise pre purchased with your entry at the finish line.

## Post-Event Food

The Coffee stop will be present for you to buy food before and after the ride. If you have pre paid for food, please just go to their stall and let them know your name and rider number.

## Helmets

Helmets are mandatory for insurance purposes. If you are found not wearing a helmet you will be deemed as not part of the event and you will have nowhere to attach your timing chip.

