



Your Personal Details

Name

Blood Group (if known)

Medical Info

Emergency Contacts

Name

Phone Number

50 Mile Route Map

On Route

The route is marked from start to finish with white arrows on a red background. Look for markers before, at, and after each junction.

Please ensure you observe and follow the Highway Code at all times. Respect other road users and take care at junctions.

Results and Photos

Your time and photography will be published on fatladattheback.com and sportsunday.co.uk respectively

Important Phone Numbers

Event Control Mechanical

07528055110

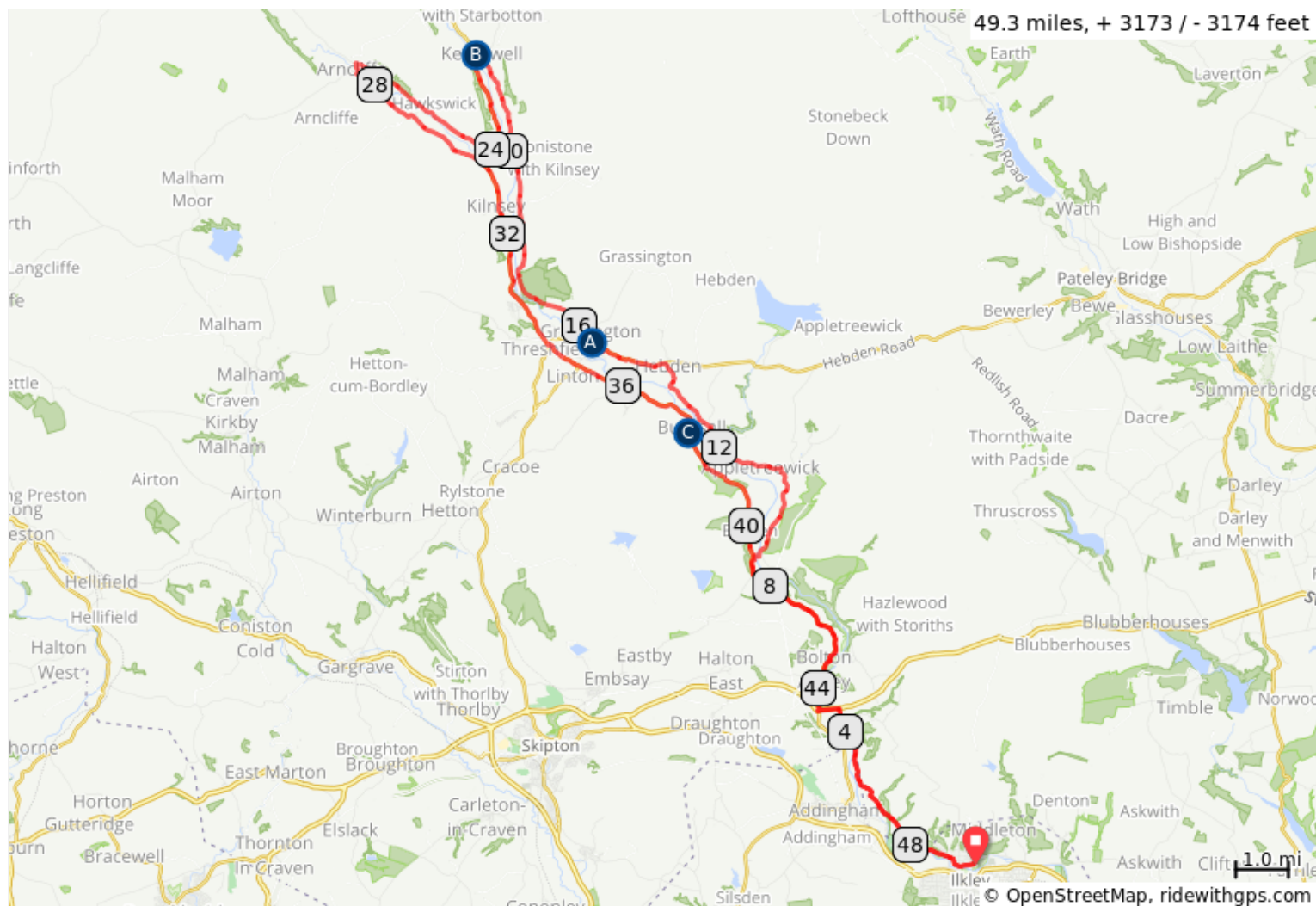
You must call the mechanical number if you decide to abandon the ride

Medical Number

07703391698

In Emergency

999



A. 15.6 mi Grassington Visitor Centre

B. 22 mi Kettlewell Car Park Feedstop

C. 37.6 mi Riverbank Burnsall Cafe

